

- Know how alcohol affects your judgements and decisions about sex. Attend parties with friends you can trust and agree to look out for one another.
- Do not leave your drink unattended or accept a drink for someone you don't know.
- Do not drink and drive.

Basic Street Sense

- Walk with confidence.
- Make eye contact with people you pass.
- Know your route.
- Avoid carrying oversized purses; carry only what you need.
- Be aware of your surroundings.
- Do not overload yourself. Keep your hands free so you can defend yourself if necessary.

An unlocked vehicle or one left with the keys in the ignition is an open invitation to a car thief. Lock up whenever you leave your car and take the keys with you.

- Stay alert and beware of the following potential distractions:-
 - Children;
 - Cell phone conversations and texting;
 - Walking / jogging with head phones;
 - Putting on make-up;
 - A stranger engaging you in conversation.
- Be wary of anyone loitering around the ATM who is not transacting business.
- Be alert for pick pockets on crowded streets.

For More Information

CONTACT:

Community Policing Secretariat
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-TO PROTECT AND SERVE WITH PRIDE-



Safety Starts With You



Be Alert. Take Action Now!

Knowing how to protect yourself and your loved ones can reduce the opportunity for intruders, thieves, muggers, and other criminals to strike.



In Your Home

- Keep the exterior of your house well lit.
- Be aware of persons posing as service personnel attempting to gain entrance to your residence. Always ask for identification and then verify by calling their office to confirm.

- When you arrive home have your keys in hand. Once you open your gate or door, avoid leaving it ajar (slightly open).
- If you arrive home and suspect someone has broken in – DO NOT ENTER! Call the Police from your mobile phone or from your neighbour's house. The burglar may still be inside.
- Make sure your house number is visible from the street so emergency vehicles can easily locate your home.
- Make sure you use sturdy padlocks that don't release the key until the padlock is locked.
- If someone tries to break into your home while you are inside, immediately call 999, 555 or 800-4877.
- Teach your children never to divulge information about whether or not an adult is at home.
- Mark your property with an engraver. It helps the Police in identifying and returning stolen property.
- Create or join a Neighbourhood Watch Group! Tel: 683-5311.

In Your Vehicle

- Always have your keys in hand when walking toward your vehicle.
- Before getting in, check around the vehicle, especially at night.
- Always park in a well-lit area and avoid sitting in your vehicle for any length of time, especially in remote locations or parking lots.
- Never leave valuables in plain sight on the seat, floor or dashboard of your vehicle. If you must leave items inside, always store them in the trunk.
- Be cautious at stop lights and intersections. Keep your

vehicle in gear and, if you feel threatened, blow your horn and drive away.

- If you suspect you are being followed, drive to the nearest Police Station or populated area and summon assistance. Get a good description of the vehicle, license number and if possible, the driver.
- If you are getting into your vehicle and someone jumps in, immediately try to get out. Your vehicle can be replaced, you can't.
- If your vehicle is bumped from behind and you are suspicious, do not get out. Motion to the other driver to follow you and proceed to the nearest Police Station.
- Always wear your seat belt when your vehicle is in motion!

Your Personal Safety

- Travel in groups or pairs and pay attention to your surroundings. Headphones and cell phones distract you – stay alert and tuned in to your surroundings.
- Trust your instincts! If the situation does not “feel right”, move to a public place and attract attention to yourself.
- Stick to well-traveled, well-lit areas. Walk in the middle of the sidewalk; not close to walls or shrubbery.
- Keep bags / belongings close to your body. If someone tries to rob or harm you, give up your property immediately.
- While walking, if you suspect you are being followed; cross the street, move to the nearest group of people, or shout for help.
- If you suspect you are being followed while driving, proceed to the nearest Police Station. Any observations noted by you will be helpful to the Police.